



Austin
Charter Chapter

Hi Tracy!

Welcome to our ICF Austin September 2022 newsletter! We are thrilled to share with you many great and exciting programs and events we have coming up and to highlight our Programs Committee in the committee spotlight below.

If you weren't able to join us for our chapter meeting and presentation, we enjoyed a thought-provoking presentation from Pierre Dussault and Peter Scott who discussed "Coaching for Disruption," including the impact AI will likely have for jobs and leaders in the next 15 years. It was fascinating to consider how we can support leaders through these changes.

Each month, we have the pleasure of connecting with one another, learning from one another, and gaining new insights and tools to help us elevate our coaching for the benefits of our clients and community. See below for many opportunities to engage with our chapter.

Our Chapter is Growing!

welcome

New ICF Austin Members!



Bia Ferla, M.Ed

*Executive/Leadership
Coach, Neuro Linguistic
Master Practitioner*



Marie St. Germain, ACC, CPCC

*Coach for Creative
Women Leaders*



Jim Baker

*Senior Wealth
Advisor & Business
Coach*



Alevtina Evgrafova, Ph.D., ACC

*Strategic Coach & Mentor for
Researchers & Entrepreneurs*



Mark Wiggington

*Personal & Executive Coach
Focusing on Results*

Welcome New Members!

We're delighted to welcome our new members to the ICF Austin Charter Chapter! We look forward to learning more about you and getting to know you.

[Become a Member](#)

Message from the President

Hello, and Happy Autumn!

As we move into the new season, we also have an exciting season of programming ahead of us this month. (I know, that segue was a groaner, but I'm standing by it.) You'll see below that we have events with the Southeast Region and with the Association for Change Management Professionals (ACMP) coming up this month. Of course, we have our usual fun planned for Virtual Coaching Conversations, Happy Hour Book Club, and our monthly Chapter Meeting.

I'm most excited to begin our new set of programs at the end of the month, DEIJ Spotlight. Diversity, Equity, Inclusion, and Justice (DEIJ) has garnered the spotlight at ICF Global over the last couple of years. We now have a [DEIJ statement](#), a global council, and a [guide for chapters](#).

We are kicking off our DEIJ efforts during National Hispanic Heritage Month with a program from our own Dr. Alejandra Mielke, ACC, Secretary and DEIJ Committee Chair for ICF Austin. She will be speaking on culturally relevant coaching as a racial equity practice. I've seen her presentation, and we are in for a treat. I hope you can make it on Friday, September 30, at 12 PM.

In merger news, the ICF Lone Star Task Force continues to solidify the governance and financial aspects of what a new, combined chapter would look like. I'm looking forward to sharing our efforts and hearing your feedback as soon as we have finished creating all of our ducks and putting them in rows.

If you have any questions, please do not hesitate to reach out to leadership@icfaustin.org. We are grateful for your membership and your engagement with ICF Austin. Your kind, welcoming, collaborative selves make our coaching community a special place for all of us.

Sincerely,

Tracy Winter

President

ICF Greater Austin Charter Chapter

Upcoming Events

Southeast Regional Webinar Series **Topic: "How Vision Acts as a Lever for Change"**

[REGISTER HERE](#)

Please Note: Registration for this event requires a two-step process. After registering through ICF Austin, please check your confirmation email for the second step.

This webinar will feature research that demonstrates how crafting a "personal vision" optimizes the brain for development and change. Anchored in **Intentional Change Theory**, a cornerstone of vision-based coaching is the ability to help others connect core elements of their past to their dreams and aspirations, creating an image of an ideal future that fosters hope and openness to new possibilities.

Date: Thurs, September 8th 11:30am-1:00pm

Speaker: Dr. Angela Passarelli



Topic : How Vision Acts as a Lever for Change



DR. ANGELA PASSARELLI

📅 THURS. SEPT 8TH

🕒 11:30AM - 1:00PM

🎓 CCEUS: 1.0 CORE COMPETENCY & 0.5 RESOURCE DEVELOPMENT



CCEUs:

1.0 Core Competency, 0.5 Resource Development

Virtual Coaching Conversations (Monthly Recurring Event)

[REGISTER HERE](#)

Let's have lunch together online!

This is a fun-filled hour of networking, community building and deep discussion of all things coaching.

Date: Friday, September 9th 12-1pm

Virtual Coaching Conversations



Sept 9, 12-1pm

ICF Austin
Charter Chapter

"Explorations into the Being and Doing of Coaching" HAPPY HOUR BOOK CLUB!

[REGISTER HERE](#)

Join us for a deep dive each month into a chapter of our new book, "Explorations into the Being and Doing of Coaching." (written by ICF Austin coaches)

Grab the beverage of your choice and share your insights and experiences related to this month's chapter, written by ICF Austin member Ted Middleberg, Ed.D. MBA.

Topic: "Chapter 6: How To Get the Ongoing Feedback We Need As Coaches"

Date: Friday, September 16th 5:30-6:30pm

Don't have our book yet? Click the button below to buy it on Amazon!

Happy Hour Book Club!

Explorations into the Being and Doing of Coaching

written by ICF Austin coaches

Friday, September 16, 2022
5:30pm - 6:30pm

ICF Austin
Charter Chapter



this month's topic:

Chapter 6

How To Get the Ongoing Feedback We Need As Coaches
author: Ted Middleberg, Ed.D., MBA

CCEUs:

.75 Core Competency, .25 Resource Development

[Buy the Book](#)

The Intersection of Coaching and Change Management Series Topic: "Bend Not Break: Resilience in Turbulent Times"

[REGISTER HERE](#)

Resilience is the ability to absorb high levels of disruption while minimizing unproductive behavior and maintaining wellbeing. Learn to make changes faster, more efficiently, and with less disruption to keep ourselves, and the organization, productive and healthy.

Date: Friday, September 16th 5:30-6:30pm

Speaker: Jessica Bronzert, MCC

Please Note: This is the first in a new series called "The Intersection of Coaching and Change Management", a result of a partnership between ACMP Texas and ICF Texas.

"The Intersection of Coaching & Change Management"

ACMP Texas/ICF Texas Partnership Series

BEND NOT BREAK: Resilience in Turbulent Times

Jessica Bronzert, MCC
Executive Coach
Change Management
Consultant & Speaker

Wed. Sept 21, 2022
11:30AM - 1:00PM CT
Virtual Event



ACMP TEXAS
Association of Change Management Professionals

ICF ICF ICF ICF
North Texas Charter Chapter San Antonio Charter Chapter Austin Charter Chapter Houston Charter Chapter

Chapter Meeting (Monthly) Topic: "Coaching the Human Soul"

[REGISTER HERE](#)

Whole person coaching is an ontological hybrid, coaching at the intersection of work, life and spirituality. Client outcomes include achieving their highest possible outcome. Coaching the human being versus human doing, creating a space for clients to unlock their full potential and live their best life. The practices are rooted in key ICF core competencies and wisdom gleaned over 15 years of coaching practice. This interactive session will share some key practices of whole person coaching and engage participants in conversations to explore the topic further.

Date: Tuesday, September 27th 6:00-8:00pm

Please Note: there will be a "Coaches Chat" from 6:00-6:30pm before the official program begins.

Speaker: Sonya Ware

ICF AUSTIN
MONTHLY CHAPTER MEETING

Coaching the Human Soul

COACHING AT THE
INTERSECTION OF PERSONAL,
PROFESSIONAL AND SPIRITUAL

SONYA WARE
LEADERSHIP COACH, EXECUTIVE
COACH AND LIFE COACH

Tuesday, Sept 27, 2022
6:00 PM - 8:00 PM
CCEUs: 1.5 Core Competency

ICF Austin
Charter Chapter

CCEUs:

1.5 Core Competency

DEIJ Spotlight: Culturally Relevant Coaching as a Racial Equity Practice: A Latina Coach Coaching Latina Clients

[REGISTER HERE](#)

Culturally relevant coaching is a racial equity practice if we understand racial equity practice as the intentional and continual practice of eliminating disparities that individuals experience because of their race and ethnicity. My Culturally Competent Coaching or Culturally Relevant Coaching aims to do that exactly: eliminate the disparities in access to resources, opportunities, wealth, mental health, etc that historically marginalized individuals—and in my case, Latinas—experience.

Date: Friday, September 30th 12:00-1:00pm

Speaker: Dr. Alejandra Mielke

DEIJ SPOTLIGHT:

CULTURALLY RELEVANT COACHING AS A RACIAL EQUITY PRACTICE: A LATINA COACH COACHING LATINA CLIENTS

Fri. Sept 30, 2022
12-1pm CST

ICF Austin
Charter Chapter

DR. ALEJANDRA MIELKE

Committee Spotlight: Programs

Interview with Programs Director Michelle Hefner

The Programs Committee is looking for folks who want to design programming for 2023, plan in-person engagements quarterly, including the Summer and Winter Socials, and learn about the processes for choosing speakers, applying for CCE's and forming connections with our speakers.

If you'd like to know who you would be working with, here are some fun things to know about our **Programs Director, Michelle Hefner.**



Why did you join ICF Austin?

I joined ICF Austin to become a part of a supportive community of coaches, to continue this journey of learning and expand my coaching knowledge overall.

What is your #1 goal for the programs committee during your tenure as programs director?

My overall goal was realized at the beginning of this year with the publication of a book of collective knowledge by ICF Austin coaches., “Explorations into the Being and Doing of Coaching.” I initiated this project when I was first elected to the board. The idea came to me as a way to celebrate our 25 years as a chapter. A true collaboration, this project epitomizes the foundational qualities of ICF Austin’s culture, a culture of support, connection, and collaboration. It embodies our shared value of giving back to our community and profession. After the success of the book publication, the programs committee is focused on building our team and nurturing someone to become the new leader next year.

What makes the programs committee special?

We get to provide members with creative learning opportunities that celebrate ICF Core Competencies, Code of Ethics, and the myriad manifestations of our profession.

Share a day-in-the-life of a programs director.

As programs director, I enjoy taking time to interview potential speakers, getting to know what their passions are, and providing them a platform with which to share their knowledge. Along with meeting people from around the globe, I work to find ways for our members to connect, learn and network. One new program this year, based on our chapter’s book, is Book Club. Members have the opportunity to take a deep dive into a single chapter of the book, share insights and experiences and earn cce’s in the process.

What are some up & coming programs that our ICF Austin members need to be aware of?

Happy Hour Book Club is the 3rd Friday of each month from 5:30-6:30 pm. Upcoming monthly chapter meetings include Coaching the Human Soul with Sonya Ware in September and Liminal Space as a Relational Field of Opportunity with Lisa Withrow in October.

Why coaching?

As coaches, we hold a sacred space of possibility for our clients. It’s a judgment free space of deep listening and inquiry where clients can explore different perspectives and discover the answers they have inside of themselves. What an honor it is to hold that space!

What are your favorite things about Austin?

I am one of those unicorns who was actually born in Austin. Having witnessed the transformation of the city over time, I’ve seen the city grow and adapt to changes in creative ways. I love the spirit of downtown, the music scene and all of the fine restaurant offerings we have now.

What is your favorite place to visit in and around Austin?

I love being in nature. One of my favorite places is McKinney Roughs Nature Park. I’ve ridden my horse there for years. It’s great for hiking, too. In recent years, it has evolved to include ziplining over the canopy of trees, boat rides along the Colorado River, which runs

through it and other fun activities for nature lovers.

Share something about you that might surprise others.

I've studied French, Italian, Farsi, and Latin. I haven't had the opportunity to practice my Latin much over the years, though, because the Pope won't return my phone calls.

Thank you Michelle! Each month, we'll spotlight a committee so you can learn more about what's going on with the chapter, our board members, and our current volunteers. And, we'd love for you to join a committee to further your connection with your fellow coaches in meaningful ways.

If you want to join the programs committee or have questions about programs, Michelle would love to hear from you at programs@icfaustin.org.

In Other News

NEW Member Benefit - ICF Member Websites

We are excited to announce a new benefit to your ICF Membership. Beginning next month, ICF Members in good standing will be able to create a free website through a platform hosted by ICF Global. The ICF Member Websites Platform will enable you to create an easy-to-build, customizable website to promote your coaching services.

Attend a Guided Tour:

Join one of our guided tours to familiarize yourself with all the available features of this new offering:

September 19 at 5 a.m. EDT (New York)	Add to Outlook or iCal calendar	Add to Google Calendar
September 20 at 12 Noon EDT (New York)	Add to Outlook or iCal calendar	Add to Google Calendar
September 21 at 9 a.m. EDT (New York)	Add to Outlook or iCal calendar	Add to Google Calendar

We hope this will be a cost-saving benefit for members. There is no fee to design, host or maintain a website on our platform. It is also a great way to show your affiliation with ICF to potential clients and to capitalize on ICF's global presence. Look for more information in the next Member Update.

If you have questions about the member websites, please send an email to: memberwebsites@coachingfederation.org.

A Special Congratulations

Congratulations to Fred Mandell, June ICF Austin Chapter Meeting Speaker, and his company Creating Futures that Work

ManageHR Magazine has named Fred Mandell's company, Creating Futures That Work, the 2022 Company of the Year for HR Assessments.

The award recognizes his “uniquely effective leadership training that combines arts-based experiential learning with science-based skill measurement to instill a flexible mindset in leaders, allowing them to continuously innovate, adapt and inspire new possibilities.”

He said they are profoundly grateful to their clients, teaching artists, coaches and wider circle of HR professionals for supporting and contributing to the development of their work over the past several years. He wants to thank each of you personally for championing this work in the coaching community!

[Read the article](#)

Become a Member

Join ICF Austin

Ready to see what membership with ICF can do for your coaching business? Join ICF Austin today!

[I'm ready to join!](#)

Let's Get Social

Follow + @mention ICF Austin

Follow ICF Austin on Facebook, LinkedIn and Twitter to stay in-the-know!

We want to spread the love and share your coaching content. If you'll @mention ICF Austin in your posts, we'll share your words of wisdom, tips, and interesting articles to our social media pages.



One last thing before you go! Please take a moment to join our private Facebook group, **ICF Austin Members & Affiliates**, to get connected with the local coaching community on Facebook:

[Visit private group](#)

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